

Centennial High School

Students



Please join us for



**Friday, September 17th During Lunches in
The Centennial Courtyard**

Event Sponsors:



one·n·ten
Today's Youth. Tomorrow's Future.



AURORA
BEHAVIORAL HEALTH



Dear Centennial Parents and Students,

Mental health and wellbeing are the basis for a happy and successful life at school and beyond. Wellbeing plays a key role in contributing to a safe and welcoming school environment. We strive to improve the wellbeing of our students and staff in everything we do, seeking to build resilience, identify and monitor concerns, and support students and families who face challenges.

On Friday September 17th during both lunches, Centennial will host a Mental Wellness Fair. This event is designed to educate, empower, and reduce the stigma related to mental health while providing an opportunity learn about the mental health resources that are available in the Peoria community.

The organizations that will be on campus are Teen Lifeline, One in Ten, Banner Health Behavioural Health, Aurora Behavioural Health, Quail Run Behavioural Health, Bloom 365 and United Healthcare.

In addition, various Centennial High School student clubs and organizations will be hosting tables that may include activities such as Step Towards Unity, Coloring Table, Our Story Web, Music from the Drum Line and more.

The goal of our Mental Wellness Fair is to bring awareness, reduce stigmas, and create an environment where all students feel safe and supported. This cannot be done without the support of our families. We welcome your feedback as we continue to do what is best for students.

Holly Travis, MSW
School Social Worker